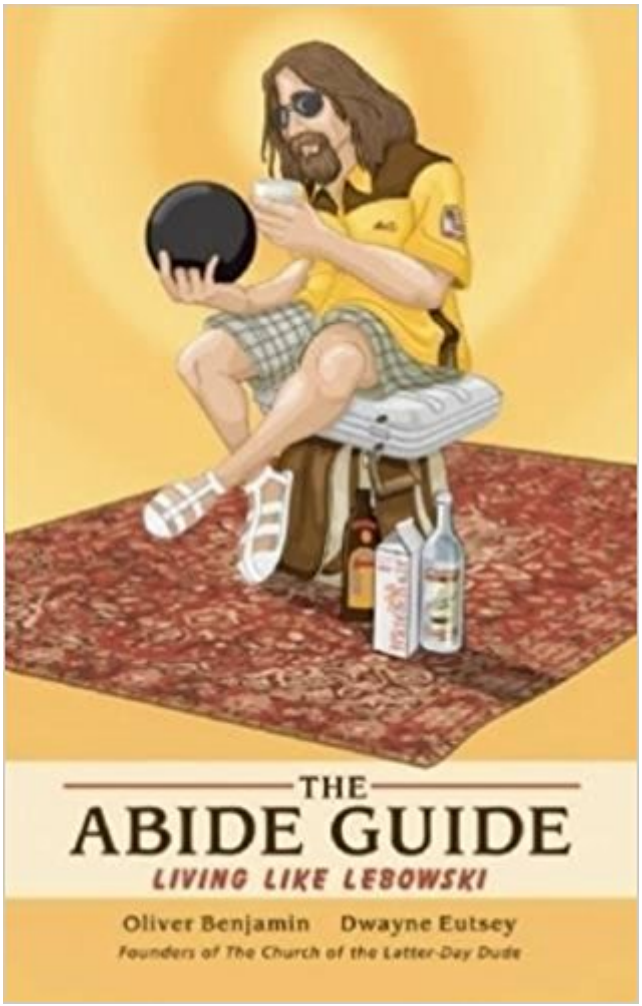
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The Abide Guide: Living Like Lebowski



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Synopsis

THE DUDE ABIDES...AND YOU CAN TOO! When you seek salvation from this stressed out, uptight world, thereÃ¢â ¬â„¢s only one man to go to for guidanceÃ¢â ¬â ¢the Dude. At once helpful, funny and profound (like The Big Lebowski itself), this survival guide from the founders of the Church of the Latter-Day Dude and their top disciples shows how to be as Dude-like as the Dude (well, almost):Ã¢â ¬Â¢Secrets of sacred Dudeist practicesÃ¢â ¬Â¢The Seven Spiritual Laws of Taking it EasyÃ¢â ¬Â¢Great Dudes who changed the world (without really trying)Ã¢â ¬Â¢New feminist philosophy for special ladiesÃ¢â ¬Â¢The Way of the Dude applied to politics, ethics and financesÃ¢â ¬Â¢A 12-step program for personal dudevolutionÃ¢â ¬Â¢The science of really tying your room togetherAll this and a lot more what-have-you. So the next time life throws you a gutterball, just pick up this book and ask, Ã¢â ¬Å“What Would the Dude Do?Ã¢â ¬Â• ItÃ¢â ¬â„¢s your answer for everything.

Book Information

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Customer Reviews

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THE DUDE DE CHING|Oliver|Benjamin|9781453649947|5.99|LIGHTNING SOURCE INC/LSI|7/1/10|600||

I bought this book for my boyfriend because he likes the movie and I am so glad I did. He loves it and said that it really forces you to look at the world in a new light. After it was delivered I flipped

through it quite a bit and really enjoyed everything I read. This book is enjoyable and humorous while secretly guiding you to go with the flow and live life the "dudeist" way. An easy read with some really valuable point of views inside. I recommend!

The Abide guide was a fun and entertaining read, using humor and wit to convey some deeper ideas for appreciating life, and checking what condition our condition is in. Explaining its connection to the movie and philosophies from the past, it also makes its connection to the present day. With our current state of financial crisis and seemingly endless wars, its good to know there are some Dudes out there taking it easy for us sinners. Maybe the Abide Guide can help you find your inner Dude.There is a playfulness to the serious truth it conveys, not taking its self too seriously it asks us to consider how over consumption and over reaction can put our well being and world in peril. Reminding us life is full of strikes and gutters, but through it all the Dude abides. And that is cool man.I would highly recommend this book for its humor and insight.

This is an odd little book, and makes for an interesting read.

A must read for any real Lebowski fan.

This book is presented in a humorous and entertaining way but offers a lot of interesting concepts and ideas. This book picks through many ideas and themes presented in The Big Lebowski and includes some humorous insight into these themes. This book also includes many sections and ideas that can really help tie your life together. Some serious themes but it never seems to take itself too seriously and I mean that in the greatest possible way. I highly recommend picking this one up and The Tao of the Dude which is also by Oliver Benjamin.

Hated the movie but this book is really great!

I really liked this book a lot. It was well-written and had some very keen anecdotes. The only knock I have is that towards the end, it feels like they are stretching it out to make the book seem a little bigger, but the front 7/8 are excellent. Required reading for all the Dudeists out there.

Get it man, it’s worth it.

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